

Proposed JAHA rule changes – please submit any comments to juneauadulthockey@gmail.com no later than March 16th!

SECTION E. TOURNAMENT RULES AMENDED:

New language in bold italics.

~~Removed language in bold strikethrough.~~

E. TOURNAMENT RULES

3. OVERTIME PERIOD

If a tournament game, including the championship game, remains tied after regulation time has elapsed, a 5 minute, ***run time*** overtime period shall be played. The overtime period is "sudden death," meaning that the game shall end upon a goal being scored by either team, resulting in a win for that team. If the game remains tied after the overtime period, a shootout will be held in accordance with **Rule E4 Shootouts**.

4. SHOOTOUTS

If a tournament game, including the championship game, remains tied after the overtime period has elapsed, a shootout shall be held. All players are eligible to participate in the shootout unless they are serving a misconduct or match penalty. The shootout format shall be as follows:

- i. The Home Team shall be given the choice to shoot first or defer.
- ii. The initial shootout shall be the best of three rounds. Each team must identify three players to participate in the shootout before the shootout commences.
- iii. Players shall take penalty shots, alternating teams for each shot to complete a round, until three rounds have been completed. The team with the most goals after the initial three rounds shall be declared the winner.
- iv. If the score remains tied after the first three rounds, the shootout will proceed to "sudden victory," meaning that the shootout shall continue with new players shooting until the first round that ends with one team scoring a goal and the other team not scoring, with the team scoring the goal being declared the winner.
- v. A shootout winner cannot be declared until both teams have taken the same number of shots.
- vi. During shootouts, no player may ~~shoot twice~~ ***attempt more than one shot*** until all players on their team have taken a shot. ***Once all players on the team have attempted a shot, as long as the shooter is a rostered player, there are no restrictions on who may attempt a shot.***

5. OT PENALTIES

During the overtime period, all penalties - except coincidental penalties - shall be assessed as a penalty shot for the non-penalized team in lieu of the penalized player being ruled off the ice. In the case of bench penalties, any player of the non-penalized team on the ice at the time of the penalty may attempt the penalty shot. Any penalty that requires suspension of a penalized player will still result in such suspension. The game clock shall be stopped during a penalty shot.